



The Junior Black Belt Program follows Kenpo Karate's standard belt striping sequence for forms, sets and arnis. For students aged 12+, the program is enriched with applications, self-defence techniques and additional weapons and forms.

| Degree Level           | Self-Defence Techniques          | Forms/Sets                                   | Weapons/Arnis       |
|------------------------|----------------------------------|--|---------------------|
| 1 <sup>st</sup> Level  | 1-10 (Yellow)                    | Star Block Set 1<br>Elbow Set                | Kenpo Jitzu Level 1 |
| 2 <sup>nd</sup> Level  | 1-10 (Adv. Yellow)               | Hand/Feet<br>Advanced Combo                  | Kali 2              |
| 3 <sup>rd</sup> Level  | 1-10 (Orange)                    | Short Form 1<br>Finger Set 1                 | Kenpo Jitzu Level 2 |
| 4 <sup>th</sup> Level  | 1-10 (Adv. Orange)               | Hand/Feet<br>Advanced Combo                  | Staff Set 2         |
| 5 <sup>th</sup> Level  | 1-10 (Purple)                    | Long Form 1<br>Coordination Set 1            | Kenpo Jitzu Level 3 |
| 6 <sup>th</sup> Level  | 1-10 (Adv. Purple)               | Hand/Feet<br>Advanced Combo                  | Tonfa 2             |
| 7 <sup>th</sup> Level  | 1-10 (Blue)                      | Short Form 2<br>Striking Set 1               | Kenpo Jitzu Level 4 |
| 8 <sup>th</sup> Level  | 1-10 (Adv. Blue)                 | Hand/Feet<br>Advanced Combo                  | Nunchaka 2          |
| 9 <sup>th</sup> Level  | 1-10 (Green)                     | Long From 2<br>Finger set 2                  | Kenpo Jitzu Level 5 |
| 10 <sup>th</sup> Level | 1-10 (Adv. Green)                | Stance Set 2                                 | Kama 2              |
| P.B.B. Candidates      | Selected Self-Defence Techniques | Gom Gong Kuan<br>Hand/Feet<br>Advanced Combo | Arnis Review        |

#### **Candidates for PBB Mass Attack Sequence**

OPPONENT #1 - Delayed sword with extension, Hurricane and slide up back kick

OPPONENT #2 - Circling Wing with turning Back Kick, Jump Kick

OPPOPENT #3 - Deflecting Hammer with Extension